Kovalam Beach

Kovalam is an internationally renowned beach with three adjacent crescent beaches. It has been a favourite haunt of tourists since the 1930s. A massive rocky promontory on the beach has created a beautiful bay of calm waters ideal for sea bathing.  
  
The leisure options at this beach are plenty and diverse. Sunbathing, swimming, herbal body toning massages, special cultural programmes and catamaran cruising are some of them. The tropical sun acts so fast that one can see the faint blush of coppery tan on the skin in a matter of minutes. Life on the beach begins late in the day and carries on well into the night. The beach complex includes a string of budget cottages, Ayurvedic health resorts, convention facilities, shopping zones, swimming pools, Yoga and Ayurvedic massage centres.  
  
Accommodation facilities for tourists at Kovalam range from five star hotels to budget hotels and the choice of food available at restaurants and cafeterias range from Continental varieties to South Indian delicacies.   
  
Thiruvananthapuram, the capital city of Kerala, is just 16 km away from Kovalam and getting there is no hassle. But if you are on holiday it is better to stay in Kovalam and visit the city. The city of Thiruvananthapuram has many interesting places to see like the Napier Museum, the Sri Chitra Art Gallery and the Padmanabhaswamy Temple. The SMSM Institute, a State owned handicrafts emporium, is the ideal place to pick up ethnic curios and other articles.

## Getting there

**Nearest railway station:**Thiruvananthapuram Central, about 16 km

**Nearest airport:**Trivandrum International Airport, about 10 km